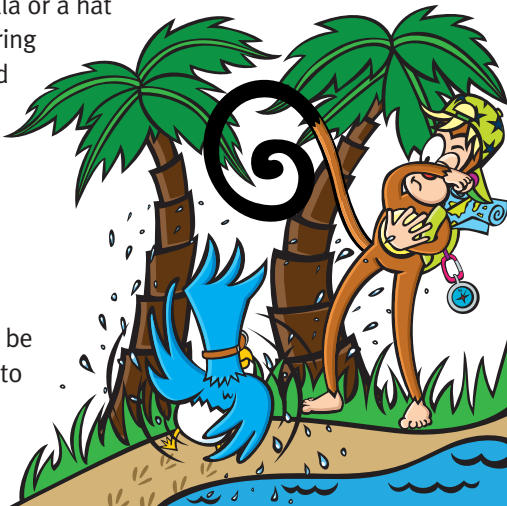


# Important tips for kids with hearing loss



- ★ Don't get your hearing aids wet! Use an umbrella or a hat when walking in the rain, and take off your hearing aids when having a bath or shower. Remove and store them safely before swimming.
- ★ Clean the outside of your hearing aids with the brush that came with them or wipe them with a dry tissue. If you see wax inside, ask your parents or your audiologist (hearing doctor) to help clean them.
- ★ Take good care of your hearing aids and always be careful when removing and putting them in not to drop them.



# Tips for teachers, coaches and caregivers

There are all kinds of things friends, family, caregivers, teachers and coaches can do to help me hear and understand them better:

- ★ When I am wearing my hearing aids, please speak to me in a normal voice, loud sounds can be uncomfortable.
- ★ When you speak to me, make sure you're no more than 1-2 meters/6 feet away.
- ★ Please reduce background noise when we're talking. Noises like fans, TVs, dishwashers or radios make it harder for me to hear.
- ★ Before you talk to me, look at me to make sure I'm listening to you. Keep facing me and try not to touch your hair or face while we're talking.
- ★ Please don't chew gum when we are talking to each other. This makes it more difficult for me to understand you.
- ★ If I don't understand or hear something, try saying it again using different words. It doesn't always help if you say it again the same way.
- ★ Don't be afraid to ask me questions about my hearing and my hearing aids.

